

# MANOBAL A NEW BEGINNING FOUNDATION

# NEWSLETTER

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When you hear the word "rescue," what comes to mind? Perhaps it evokes the image of freeing someone from danger, of saving and setting someone free. For me, saving one person means saving an entire family. Looking at the word from a broader perspective, rescue also means identifying, educating, resolving, providing stability, nurturing, and ultimately enjoying life.

Today, I want to convey an important message. "Manobal" is an organization that fights against human trafficking and is dedicated to rescuing girls and women who have fallen victim to this heinous crime. The word "rescue" might sound small and simple, but each time we embark on a rescue mission, we face

challenges just as difficult as those we've encountered before. Rescue is far from easy.

Let me share the story of Jenny (name changed), an African victim of trafficking. After finishing school, Jenny decided to pursue a career in nursing and enrolled in a nursing course. Once she graduated, she began searching for a job. One day, she met an agent who told her there were great opportunities in the nursing field in India, and that she could secure a good job there. The agent introduced her to a woman who paid for Jenny's visa and passport, assuring her that employment was waiting for her in India.

When Jenny arrived in India, she was excited. The same woman met her at the airport and took her to her house. But soon after, the woman confiscated Jenny's passport, visa, and phone. Two days later, the woman told Jenny that she owed money for her travel expenses and would have to repay it through sex work. Jenny was in shock. She had come to India for a nursing job, but now she was being forced into an unimaginable situation. When she resisted, she was beaten and threatened, eventually forced into the sex trade.

Jenny was trapped. Her documents were with

the traffickers, and she couldn't leave despite her desperate desire to return home. Unfortunately, Jenny's story is not unique. Many women like her are connected with Manobal for help.

These victims are coerced into sex work due to language barriers, social isolation, and threats. Many have overstayed their visas, and their passports are in the traffickers' possession. Some have children who do not attend school, and many are suffering from serious diseases like HIV and STDs. Every day, they fight for survival while caring for their children. They want to return home, but they remain trapped due to visa overstay fees and the lack of funds for travel.

These women are victims of human

trafficking, brought to India and forced into prostitution. When you see an African woman in such a situation, what do you think? Do you feel sympathy or judgment? Think carefully about this. "Manobal" will continue to help those affected by human trafficking.

This is a call to raise awareness and inspire action to help these victims and fight against human trafficking.



**Nirmala B Walter**  
*Founder and Social Worker  
 Manobal A New Beginning  
 Foundation*

## Rescue and rehabilitation

A Good Effort Has a Good Impact!

Last month, in a joint rescue operation with the police and Manobal, seven girls were rescued from GB Road, including four minors who had been trafficked and forced into prostitution. Due to the vigilance of the police and Manobal's efforts, these girls were saved. Several traffickers involved in the exploitation of these girls, along with others engaged in falsifying documents related to this crime, have been apprehended. All the rescued girls are currently in various shelter homes, receiving counseling, and are now in stable condition. This rescue operation has had a profound positive impact, leading to the sealing of brothels No. 42 and 59, marking a significant step forward.

This action sends a strong message: crimes against minors will not be tolerated. Manobal remains steadfast in demanding strict punishment for those involved in trafficking minors and continues to call for the closure of brothels where such atrocities occur.

A Bangladeshi girl trafficked to a brothel in Delhi has been rescued and returned to Bangladesh. She is now under the care of an NGO in Bangladesh and will soon be reunited with her family.



Girls who were recently rescued from the brothel



## Manobal tuition center

The children at Manobal Tuition Centre have been participating with great enthusiasm over the past three months. A variety of activities were organized to support their educational, mental, and moral development, and the children eagerly engaged in each one. Additionally, they are taking full advantage of the computer education offered, where they are learning basic computer skills. This exposure to technology is proving to be highly beneficial for them, providing valuable skills that will help in their future education and personal development.

To ensure continuous improvement in the quality of education, feedback was regularly collected from the children's parents. This ongoing communication has allowed us to adapt our teaching methods and address any specific needs or concerns, ensuring that each child is receiving the best possible support.

Each week, the children also attend moral education classes, which focus on teaching them to avoid social evils and live in harmony within the community. These sessions help instill values of love, respect, and cooperation. Additionally, various activities were conducted to boost the children's morale, building their confidence and encouraging positive social behavior.



Rakhi made by girls



To raise awareness among children and their parents about the dangers of drug addiction



Parents Teacher Meeting



Independence day celebration



Teachers day celebration



Computer learning classes



Non-formal education for adult women

## Training for police department

Manobal is taking sessions focusing on JJ Act and POCSO at Hari Nagar Police Station and Tilak Nagar Police Station. Advocate Utkarsh Singh and former CWC member Rajesh Solanki led the training session sharing their expertise and knowledge. A big thank you to District Child Protection Unit-IV for organising these important sessions.

A training session to the Railway Police Force (RPF) and CSOs at NIPCCD, Delhi, on 22nd July. We discussed the dimensions of human trafficking and a holistic approach to community prevention. Nirmala B Walter had the opportunity to share their experiences with them.



## World Day Against Trafficking in Persons 2024

An awareness campaign on 28 July, Sunday, the Manobal team, along with the Delhi Police, JIMS, IITM, and DU college students, successfully collaborated to raise awareness. Manobal's effort aims to ensure that everyone is informed about this crime and can protect themselves and their loved ones from it.



**World Day Against Trafficking in Persons.** Manobal organized a motorcycle rally from Patel Chowk, Sansad Marg Police Station to Connaught Place Outer Circle to spread awareness about human trafficking. This impactful campaign reached the heart of Delhi.



## Manobal Internship Program

The Manobal Internship Program, in collaboration with Jagannath Community College (JIMS), provided forensic psychology students with a series of insightful and enriching sessions, led by experts from various fields. Here's a summary of key sessions and activities:

### **Orientation with Nirmala B Walter and Gaurav Gill:**

An inspiring orientation session featured Nirmala B Walter, Senior Social Worker and Founder, along with Gaurav Gill, focusing on forensic psychology and anti-human trafficking. The interaction was lively, with students actively participating and gaining insights into both fields.

### **Body Language Analysis and Forensic Psychology Sessions: by Gaurav Gill:**

The program kicked off with an engaging session led by Gaurav Gill, a body language expert, offering students valuable insights into non-verbal communication and its relevance in forensic psychology.

### **Case Study Discussions with DCP Shahdara District:**

Students had the opportunity to interact with DCP Surender Kumar, Additional DCP Ravi Kumar, and ACP Pradeep Kumar. They discussed real-life case studies, investigation techniques, and new laws, providing students with practical knowledge on law enforcement and forensic investigations.

### **Expert Lecture by Dr. Ranjeeta Kumari:**

Dr. Ranjeeta Kumari, a distinguished forensic psychologist and Assistant Director at CFSL, New Delhi, delivered an expert lecture, further deepening the students' understanding of forensic psychology.

### **Mental Health and Human Rights Law:**

Annie Theodore and Utkarsh Singh led a session on mental health counseling and human rights law, offering a multidisciplinary perspective that broadened the students' understanding of societal and legal issues.

## Self-Defense and Law Enforcement with SI Kiran Sethi:

On 6th August, SI Kiran Sethi ("Lady Singham" of Delhi Police) shared personal experiences, investigation case studies, and practical self-defense tips, empowering students with both knowledge and essential safety skills.

## Journalism, Psychology, and Human Trafficking:

On 8th August, journalist Pari Saikia, specializing in human trafficking, conducted a session exploring the intersections of

journalism, psychology, and human trafficking. The session provided invaluable insights into the media's role in highlighting and addressing this global issue.

## Conclusion:

The Manobal Internship Program successfully introduced students from JIMS College to the practical applications of forensic psychology, law enforcement, mental health, and human rights. The program's diverse sessions helped the students gain crucial knowledge and skills for their future careers.



## Awareness journey in Madhya Pradesh

Manobal believes in raising awareness through education. We began our awareness sessions in Madhya Pradesh on 10th September. These sessions aim to educate communities on critical issues such as human trafficking, child labor, and the Protection of Children from Sexual Offences (POCSO) Act. Our goal is to ensure that no school or child is left uninformed, equipping everyone with the knowledge needed to prevent human trafficking.

This campaign is being conducted in the Jabalpur division, with the aim of reaching as many children as possible to protect them from the dangers of trafficking. It ran from 10th to 17th September, starting at Christ Church Co-Ed School in Saliwara. Throughout the campaign, Manobal successfully raised awareness among over 5,000 children across 11 schools. The journey concluded with an impactful session at Mandla Church, further spreading the message of protection and prevention.



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