

MANOBAL A NEW BEGINNING FOUNDATION

NEWSLETTER

OCTOBER - DECEMBER 2024
ISSUE 03

Do you think the absence of a guardian or negligence by family members can sometimes contribute to child trafficking?

This is the story of Nagina, inspired by the rescue operations conducted by Manobal in 2024. It is a tale of neglect, exploitation, and eventual survival—a harsh reminder of the realities many children face.

Nagina grew up in a small town in Uttar Pradesh with her two sisters and a brother. Her life took a tragic turn when she lost both her parents. After her elder sister got married, Nagina moved in with her, hoping for support and care. However, at 12 years old, she was sent to Delhi to work as a domestic helper. Her job is Taking care of children in someone else's home.

The irony was stark—Nagina herself was just a child. When she resisted, her protests were dismissed. She was forcibly sent to Delhi, where her days were consumed with caring for two young children. Meanwhile, her elder sister collected her salary each month, leaving Nagina trapped, unable to make her own decisions or move about freely.

Instead of attending school, Nagina was

burdened with endless household chores. When she should have been playing with friends, she was responsible for the well-being of children who weren't much younger than herself. The family that should have protected her had instead pushed her into a life of servitude.

For almost two years, Nagina endured this hardship. She tried to voice her desire to stop working, but her elder sister always dismissed her, offering one excuse after another. Eventually, Nagina realized that help would never come from her family. In desperation, she seized an opportunity to escape, leaving the house with no plan, no support, and no one to turn to.

Alone and vulnerable, Nagina found herself on the streets. One fateful day, while resting in a park, she encountered a man who seemed kind at first. But this man saw her helplessness as an opportunity. He took her with him and sold her to a brothel in Delhi for a large sum of money. She was just 14 years old.

What followed was a nightmare no child should endure. Nagina's innocence was stolen, and her life was reduced to unimaginable suffering.

Thankfully, her story did not end there. Nagina was rescued during one of Manobal's operations. Today, she lives in a shelter home, surrounded by people who are helping her rebuild her life. But the scars of her past remain. Every day is a struggle—she is undergoing therapy and medication to cope with the trauma.

Her story is a stark reminder that negligence, even from family, can lead to devastating consequences. It also underscores the importance of vigilance, education, and collective action in the fight against human trafficking.

Even now, countless daughters like Nagina are

denied the right to education and a safe childhood. While some children are learning and dreaming of a better future, others are being sold into a life of despair.

Let Nagina's story inspire us to act—to protect, educate, and empower every child. Together, we can build a world where no child falls victim to such tragedies.



Nirmala B Walter
*Founder and Social Worker
Manobal A New Beginning
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Rescue and rehabilitation



Manobal successfully assisted the Delhi Police in rescuing a young girl.



A year ago, a Ugandan woman was rescued from human trafficking by Manobal. After legal proceedings, she was safely sent back to her country. We are happy to share that she has now got a job in an organisation. It is incredibly inspiring to see her life-changing journey.



Happy to share another inspiring story from Manobal with you. Often, after a rescue, questions about rehabilitation and how the victim will rebuild their life are the foremost concerns. But when you extend a helping hand, incredible transformations can happen. About a year ago, Manobal rescued a victim and, with the support of Rahab Uganda, facilitated their repatriation to Uganda. Today, that individual has successfully completed a sewing and design course. In a moment of triumph, they even designed a dress for their own graduation ceremony.

I'm sharing this story with you to highlight how even a small effort can change someone's life. To guide someone toward the right path, proper support, and direction are often all that's needed.



Victims and their children were given gifts on the occasion of Christmas



A small birthday for victim



Manobal tuition center

In the last three months, the Manobal Tuition Centre has witnessed enthusiastic participation from children in various activities aimed at fostering their mental and physical development. These events have strengthened the bond within the community and encouraged holistic growth for the children.

Creative Fashion Show on International Girl Child Day

Children showcased their creativity by designing dresses using newspapers, demonstrating their resourcefulness and innovative thinking.



Self-Defense Training on Children's Day

Children from the Manobal Tuition Centre and the Kali Basti area were trained in self-defense by Delhi Police Sub Inspector Kiran Sethi. This initiative underscored Manobal's commitment to empower children both mentally and physically.



Diwali Celebrations

The children actively participated in decorating the center and creating beautiful rangoli designs, adding vibrancy to the festivities.



Christmas Celebration

On the 21st, a joyful Christmas celebration was held with the support of Youth Light. Children and parents joined the festivities, and gifts were distributed, bringing immense happiness to the children.

The activities conducted at the Manobal Tuition Centre during this quarter have fostered creativity, confidence, and community engagement among the children and their families. The centre remains dedicated to nurturing well-rounded development and continues to strengthen its mission of empowering young minds.



Training for the police department

It was a valuable experience for Nirmala to share her knowledge and expertise with the railway police force on the dimensions of human trafficking and a holistic approach to addressing it. She also inspired them with the message that, together, we can make a difference. This session was organized by NIPCCD.



Awareness program at schools

Over the past three months, awareness campaigns were conducted in various government schools focusing on critical issues such as human trafficking, POCSO (Protection of Children from Sexual Offences), and child labour. These sessions educated students about the dangers associated with these issues and equipped them with knowledge of how to identify and avoid such risks. The campaigns were organized in collaboration with the Mahila Bal Vikas Samiti, ensuring a comprehensive and impactful approach to safeguarding children's rights and well-being.



DCPU and Manobal led a powerful session at Govt Girls Secondary School Najafgarh, raising awareness about Human Trafficking, POCSO, and the critical role of teachers in creating a safe environment for students. Every awareness effort matters in protecting our children and shaping a safer future. Let's stay informed and vigilant. Together, we can make a difference.

Manobal successfully conducted an awareness campaign on International Slavery Abolition Day across Delhi and Madhya Pradesh and Delhi. We reached schools and communities, promoting understanding and inspiring action to combat modern slavery.



Socio-Emotional well-being

Manobal celebrated Dussehra and Diwali with hope and harmony, spreading light and smiles among sex workers (survivors) at Kamla Market Police Station. Talented students from JIMS College performed a powerful street play, showcasing the triumph of good over evil. This heartfelt celebration not only brought joy but also raised awareness about social injustices. Through this initiative, we aim to integrate these survivors into the mainstream of society, fostering connections that inspire change and a sense of belonging.



We believe everyone deserves care and support to nurture their mental well-being. With the All Women Police Chowki, Swami Shradhanand Marg, Manobal conducted a special mental health session for victims of distress. The session, led by the renowned Dr. Annie Theodore, featured interactive activities designed to help participants manage stress and achieve emotional balance.



Christmas celebration

Manobal celebrated Christmas in Pune with around 50 sex workers, supported by the Asha Care Trust and Pune Police.



Celebration at Kamla Market and Sansad marg Police station



Blanket distribution at Red Light area



Media coverage

Founder and Social Worker, Nirmala B Walter, has been published in the renowned international e-magazine, "Narratively"



[Full story](#)

Cheques and DDs in favur of Manobal A New Beginning Foundation

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IFSC Code - CNRB0005572, Account number - 120002429066

All donations sent to Manobal A New Beginning Foundation are exempted under section 80(G) of the IT Act of 1961.



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