

MANOBAL A NEW BEGINNING FOUNDATION

NEWSLETTER

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In the neon haze of a bustling Paharganj night, under the veneer of Delhi's vibrant market lights, a heartbreaking truth lay hidden—one that speaks of stolen freedom, broken innocence, and the quiet, relentless courage of those who fight in the shadows.

It was a night like any other in March. The streets buzzed with life, the shops sparkled under the LED light, and the crowds moved unaware of something happening that was about to break. At the heart of this operation stood two determined teams led by the Central Delhi Police, acting on a tip that hinted at something far more sinister than the humdrum of a crowded city night. The operation was led by Sub-Inspector Kiran Sethi, in charge of the Swami Sharada Nand Marg All Women Police Post.

At around 10 PM, as most of the city reveled in the illusion of safety, the two teams split—one headed toward a house believed to be holding young girls, and the other toward a hotel where their dignity was being auctioned. I led the team to the house.

What unfolded before my eyes wasn't just a police operation—it was a raw, visceral experience that exposed a human tragedy too painful to ignore. Below the targeted house, a

line of scooty riders stood like foot soldiers, ferrying girls to waiting rooms of horror disguised as hotel suites. It looked eerily familiar—almost like a food delivery hub. Except, the "orders" weren't meals. They were lives. Daughters. Sisters. Souls.

Two girls stepped out of the house, their movements mechanical, their eyes devoid of dreams. They walked a few steps and climbed onto a scooty. The other team, waiting at the drop-off location, was ready. The handoff was seamless—like a transaction. A system. A machine that had replaced humanity with commerce.

It was a moment of clarity—of helpless fury. Because just days earlier, we had celebrated Women's Day. We had posted messages, gifted flowers, and given speeches. And here we were, rescuing 22 young girls from a warehouse-like brothel, reduced to commodities in a business that should never have existed.

Some say these girls choose this life. But how can we, as a society, be so blind? What choice lies in deceit? What freedom is there when poverty, manipulation, or violence becomes the gateway to prostitution?

These are not “working women.” They are the exploited, the silenced, the forgotten. And perhaps the most haunting realization is this: if we had more officers, more hands, more time—those 22 girls could have become 40, or even 80.

In this era where everything has become digital—even this dark trade—it’s easier to exploit, harder to trace, and infinitely more dangerous. The predators have evolved. Have we?

We must talk. Not in hushed tones or only behind closed doors—but openly, relentlessly, with our children, our neighbors, our

colleagues. Because silence feeds the system. And awareness shatters it.

This isn't just about a rescue operation. It's a reminder that while the lights of Paharganj glitter each night, there are still corners cloaked in unspoken pain. And it is our collective voice, our collective outrage, and our collective action that can one day bring those girls home—for good.



Nirmala B Walter
*Founder and Social Worker
Manobal A New Beginning
Foundation*

Rescue and rehabilitation

"In a joint rescue by Manobal & Delhi Police, 22 girls were freed from trafficking in Paharganj — including 3 minors. Every life saved is a step toward justice.





Manobal has helped the Delhi police to set up a counselling centre at the red-light area on Swami Shradhanand Marg to support trafficking victims and sex workers.



Following a petition filed by Manobal in the High Court, a Ugandan trafficking victim and the 18-month-old child of another victim were repatriated to Uganda by the Indian government. One of the victims had been trying to return home for nearly a year, with Manobal supporting her throughout the year.

Prevention through Awareness program

As part of the ongoing Manobal Awareness Campaign, efforts are being made to combat human trafficking through a range of proactive and educational initiatives. The campaign aims to reach every corner of society by visiting diverse communities and engaging with people from all walks of life.

Through awareness drives, interactive

sessions, and informative outreach, the campaign highlights the dangers of human trafficking and educates individuals on how to identify, prevent, and report such crimes. By empowering citizens with knowledge, Manobal seeks to build a vigilant and informed society that stands united against human trafficking.



Awareness drive at tribal area school at Mandla, MP



Awareness drive at Mission school, Chhapara, Seoni, MP



Awareness drive at Govt. school, Delhi



On National Human Trafficking awareness Day Manobal organised awareness drive a peace rally and Nukkad Natak at Lakhnadon Seoni, MP



On the occasion of National Human Trafficking Awareness Day, Manobal, in collaboration with the Railway Police Force (RPF), organized a powerful awareness drive at Nizamuddin Railway Station, Delhi.

Socio-Emotional well-being for Trafficking Victims



Manobal Celebrated International Women’s Day with sex workers at the All Women Police Post, Swami Shradhanand Marg, in the presence of ACP Sulekha Jagarwar and SHO C.L. Meena from Kamla Market Police Station.



Manobal Celebrate Holi with sex workers at the All Women Police Post, Swami Shradddhanand Marg.



A one-to-one counseling session with a Victim



A one-to-one counseling session with a sex worker



Counseling session with a Victims



Shelter home visit for counseling session with a Victim



Reintegration into the Family



A one-to-one counseling session with a victim



Under the 'Nikshay Poshan Yojana', Manobal provide nutritional support to 10 children affected by tuberculosis at Lakhnadon, MP.

Training for the police department

It was a valuable experience for Nirmala to share her knowledge and expertise with the railway police force and Anti Human Trafficking Unit on the dimensions of human trafficking and a holistic approach to addressing it. She also inspired them with the message that, together, we can make a difference. This session was organized by NIPCCD.



Manobal tuition center



Cookie decorating activity at Manobal Office



Cookie decorating activity at Manobal Office



Tuition Centre Girls Enjoy Picnic at Eco Park



Tuition Centre Girls Enjoy Picnic at Eco Park



Celebrating republic day at Tuition centre.



Manobal Celebrated International Women's Day with the Mothers of Tuition Centre Girls.



Celebrating National Girl Child Day.



A hygiene awareness session was conducted at the tuition center.



Mental Health Awareness Session for Women from Kali Basti Slum Area.



A mental health session was conducted at the Anganwadi center in Tilak.



Manobal annual planning meeting



School bags, water bottles, and books were distributed to children living on Swami Shradhdhanand Marg.



Manobal's networking efforts with government institutions

Cheques and DDs in favour of Manobal A New Beginning Foundation

Canara Bank, Lakhnadon Seoni MP

IFSC Code - CNRB0005572, Account number - 120002429066

All donations sent to Manobal A New Beginning Foundation are exempted under section 80(G) of the IT Act of 1961.



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